



MEET COUNTRY SOUTH AFRICA FEDERATION : AWPC / WPC



Meet State Eastern Cape
Meet Town East London

Meet Name Slummies Clash
Meet Date 2025-08-23

Place	Name	Sex	Age	Equip ment	Division	Body weight Kg	Weight Class Kg	Squat1 Kg	Squat2 Kg	Squat3 Kg	Best Squat Kg	Bench1 Kg	Bench2 Kg	Bench3 Kg	Best Bench Kg	Dead Lift 1 Kg	Dead Lift 2 Kg	Dead Lift 3 Kg	Best Deadlift Kg	Total Kg	Points	Event	Team
1	Ashlyn Allner	F	25	Bare	raw	67.2	67.5	50	-55	-55	50	-35	35	37.5	37.5	80	85	90	90	177.5	183.72	SBD	
1	Caitlin Hayden	F	15	Bare	raw	72.5	75	60			60	-35	35		35	70			70	165	163.65	SBD	
1	Brenda Mollentze	F	51	Wraps	raw and wraps	68.4	75	90	100	107.5	107.5	45	-50		45	120	127.5	132.5	132.5	285	292	SBD	
1	Surei Nel	F	41	Wraps	raw and wraps	78.1	82.5	120	135	145	145	-55	55	60	60	140	150	160	160	365	348.11	SBD	
1	Yolandie Hayden	F	46	Wraps	raw and wraps	130.1	110+									120	135	150	150	150	117.94	D	
1	Rudi Hayden	M	47	Bare	raw	59.7	60	85	90	95	95	45	47.5	-50	47.5	120	135	147.5	147.5	290	245.78	SBD	
1	Duncan Cameron Hutton	M	23	Bare	raw	98.7	100	170	190	-200	190	120	-135	-135	120	180	200	-210	200	510	315.71	SBD	
1	Logan Van Rooyen	M	18	Sleeves	raw	87.9	90	180	195	207.5	207.5	105	115	120	120	210	230	245	245	572.5	374.68	SBD	
1	Jacques Zoghby	M	31	Sleeves	raw	123.7	125	220	240		240	120	130	-150	130	260	280	300	300	670	380.99	SBD	
1	Justin Birkholtz	M	39	Wraps	raw and wraps	106.8	110	200	210	-220	210	130	140	150	150	220	240		240	600	359.42	SBD	
2	William Mollentze	M	62	Wraps	raw and wraps	104.1	110	180	190	-200	190	110	120	-122.5	120	220	230	-235	230	540	326.81	SBD	
3	Ryan Labuschagne	M	22	Wraps	raw and wraps	100.5	110	140	-180	190	190	125	-135	135	135	165	180	200	200	525	322.45	SBD	
1	Jono Fann	M	31	Bare	raw	115.6	125					120	140	-160	140					140	81.44	B	