

# AWPC & WPC Meets



## 2026

**FEB**

**28**

### IRON MAIDEN LIBERATION

Women Only  
Bohemian Barracks  
Cape Town

**MAR**

**21**

### BATTLE OF THE BARRACKS

Bohemian Barracks  
Cape Town

**FEB**

**28**

### EMPIRE RISING

Iron Empire  
Benoni

**APR**

**18**

### CLASH OF THE EMPIRE

Iron Empire  
Benoni

**FEB**

**28**

### TRIPLE THREAT

Durban

**APR**

**25**

### IRON ISON

Durban

**MAR**

**14**

### ARISE

Port Elizabeth

**MAR**

**21**

### SLUMMIES STRENGTH SHOWDOWN

East London

**MAY**

**2**

### AWPC NATIONALS

Cape Town  
Perfect Health Soneike  
Shopping Centre

**MAR**

**28**

### TNW CLASH

The Natural Way Gym  
Hillcrest

**JUN**

**20-21**

### WPC NATIONALS

Onomo Hotel  
Durban

# AWPC & WPC Meets



# 2026

**SEPT**  
**9 - 15**

**AWPC WORLD CHAMPIONSHIPS**

Pendulum Hotel  
Manchester UK

**AUG**  
**29**

**EMPRESS OF IRON**

Women Only

Iron Empire

Benoni

**OCT**  
**3**

**SB/ DC**

Bohemian Barracks  
Cape Town

**SEPT**  
**5**

**THE IRON CHEST**

Bench Only

Bohemian Barracks  
Cape Town

**OCT**  
**17**

**CONQUER**

Port Elizabeth

**SEPT**  
**24-27**

**AFRICAN CHAMPIONSHIPS**

Onomo Hotel

Durban

**OCT**  
**24**

**SLUMMIES CLASH**

East London

**OCT**  
**24**

**STEEL REBELLION**

Iron Empire

Benoni

# AWPC & WPC Meets



# 2026

**NOV**  
**21**

## **IRON GLADIATORS**

The Natural Way Gym

Hillcrest

**NOV**  
**3-8**

## **WPC WORLD CHAMPIONSHIPS**

TBC

**DEC**  
**19**

## **SLEIGH THE BAR**

The Natural Way Gym

Hillcrest

### **IMPORTANT INFORMATION**

Please note these dates and venues are subject to change, they will be updated as and when this happens so please confirm with the organisers of the different events before entering